

ZEN
SPACE



Sheffield ZenSpace
(formerly Sheffield Zen Society)

Thursdays, 18:30 - 20:00, 20:00 - 21:30
(or both, or drop-in between these times)

at
Room 3, Shirley House,
31, Psalter Lane,
Sheffield, S11 8YL.

This a society for all people interested in Zen who want: true experiential contact with their own innate, awakened mind-spirit; or just the occasional dip into Zen's vast sagacious wealth of clear, crisp far-sighted wisdom; to live a modern meaningful life within another path already established; or to map their own way forward. It doesn't matter if you belong to another group, you would be welcome. We try to be open, inclusive, responsive and adaptable. The period is split into two sessions; 18:30 – 20:00 and 20:00 – 21:30. Realizing that people have tied-lives, we allow you to drop-in at your convenience, but please be mindful of others. Sheffield Zen Society is facilitated by Zen monk [Gensho](#) (Richard Jones).

[Gensho](#) has been practising Zen for over 32 years, becoming a monk (2009), under Daisetsu (Harada) Tangen Roshi, the widely respected Sōtō abbot of Bukkoku-ji temple, Obama, Japan. He began Rinzai koan practice in 2011 and has been a trainee Zen teacher since 2014, more recently under the guidance of [Jikai \(Barbara Gabrys\) Roshi](#).

Location: Please do not park in Shirley House the bays belong to the 'Methodist Homes'. It is sometimes possible to park in the street bays (watch for conditions of use). Also in the Church car park, next door, with mindfulness of access for others.



Lotus courtesy ['buddhanet'](#).